# Guidelines for Providing High-Quality Photos

Providing high-quality photos of your skin concerns allows us to gain a better understanding of your problems and be able to help you more effectively. Please provide the photos prior to your virtual visit, and utilize the following guidelines:

**General Tips:**
- Take photos in a well-lit area without flash
- When possible, avoid selfies
- To focus an image, you can tap the screen on the area of concern
- Do NOT use the zoom feature, since it lowers the image's quality

**Other Guidelines:**
- Please take two types of photos for your rash:
  - Distance views
  - Close-up views
- If the rash is in an area that is normally covered, please remove the clothing so that we can fully evaluate the rash
- Take photos of ALL involved areas on a <u>solid</u> white or blue background
- Take close-ups of 2-3 representative spots

**Avoid:**
- Poor lighting
- Blurry images
- Non-solid, "busy" background

*For more information and guidance on taking photos of your skin concerns, please visit:
https://us-email-isolation.prod.fire.glass/?url=https%3A%2F%2Fwww.dermpics.com%2Fhome

**Source:**
- "High Quality Photos." Developed by Dr. Amit Sharma, Department of Dermatology, Kaiser Permanente. 2020. Accessed 24 April 2020. https://us-email-isolation.prod.fire.glass/?url=https%3A%2F%2Fwww.dermpics.com%2Fabout