

Guidelines for Providing High-Quality Photos

Providing high-quality photos of your skin concerns allows us to gain a better understanding of your problems and be able to help you more effectively. Please provide the photos prior to your virtual visit, and utilize the following guidelines:

General Tips:

- Take photos in a well-lit area without flash
- When possible, avoid selfies
- To focus an image, you can tap the screen on the area of concern
- Do NOT use the zoom feature, since it lowers the image's quality

Other Guidelines:

- Please take two types of photos for your rash:
 - Distance views
 - Close-up views
- If the rash is in an area that is normally covered, please remove the clothing so that we can fully evaluate the rash
- Take photos of ALL involved areas on a solid white or blue background
- Take close-ups of 2-3 representative spots

Avoid:

- Poor lighting
- Blurry images
- Non-solid, "busy" background

*For more information and guidance on taking photos of your skin concerns, please visit: <https://www.dermpics.com/home>

Source:

- "High Quality Photos." Developed by Dr. Amit Sharma, Department of Dermatology, Kaiser Permanente. 2020. Accessed 24 April 2020. <https://us-email-isolation.prod.fire.glass/?url=https%3A%2F%2Fwww.dermpics.com%2Fabout>