



Bravo Ph Study

Testing Location	
Columbia St. Mary's Milwaukee 2301 N Lake Drive Milwaukee, WI 53211	Columbia St. Mary's Ozaukee 13111 N Port Washington Road Mequon, WI 53097

What is Bravo Ph Monitoring?

This test allows the doctor to evaluate the frequency and duration of acid coming into your esophagus.

What happens during the Bravo Ph Monitoring?

- You will have an EGD to place a capsule in your esophagus.
- The capsule will be attached to the inside of your esophagus to monitor stomach acid refluxing into your esophagus.
- A recording device, the size of a pager, will be with you throughout the 48 hours of the study.

How do I prepare for the test?

- Do not eat any solid food or drink fluids for 8 hours prior to your EGD with Bravo Study
- Please arrive 60 minutes prior to your procedure time..

Do I need to have someone drive me to and from the testing location?

Yes, you will need to have someone drive you to and from the testing location on the day of your exam. The medication that you will receive during your procedure will impair your ability to drive. If you plan to take a taxi, someone must accompany you.

Should I take my medications on the day of the test?

Take blood pressure medications with sips of water. If you are on blood thinners or anticoagulant medication (ex. aspirin, Plavix, Coumadin, Xarelto, etc.) or insulin you need to discuss this with your gastroenterologist.

How long does the test take and how long will I be at the testing location?

The average procedure takes 10 to 15 minutes. You will be at the testing location for about 1 hour after your procedure is completed.

Are there any instructions I need to have or follow after the test?

- Do not take antacid or reflux medications unless instructed by your gastroenterologist.
- Eat normally; do not alter your diet. Continue with normal activity
- Document your activity in the diary (lying, eating, heartburn, etc.); this will help give the doctor a complete picture of you GERD symptoms. Use the time on your recorder.
- Keep the recorder within 3 feet of you at all times.
- Return the recorder and diary to the GI Lab after 48 hours.

How do I get my test results?

The doctor who ordered the test will get the report and he or she will schedule you for a follow up appointment to review results.

On the day of your test, please let your caregiver know about:

- Allergies
- Medications that you are taking
- Possibility of pregnancy
- Do you have a pacemaker or defibrillator?
- Diabetes
- Blood thinners
- Cardiac/Respiratory disease
- Sleep apnea
- Recreational drug use
- Use of medications for pain, anxiety, or depression.

Other Information I need to know:

- You may feel something in your esophagus while eating or drinking. If this is the case, chewing food carefully and drinking liquids may help.
- Several days after the test the capsule falls out of your esophagus and passes through your digestive tract.

- **Please follow all the test instructions to ensure that your test can be done as scheduled and with optimum results.**
- **Your appointment is very important to us. If you need to cancel, please notify us the day before your test; or as soon as possible.**
- **If you have questions about the information in this guide or not sure which patient information guide is right for you, please call your doctor.**